This is an assembled list of recommended therapists in Pittsburgh with specializations in **queer** and **racial/ethnic-centered practice**. These recommendations come from friends, colleagues, and our own therapists in Pittsburgh. By no means is this an exhaustive list, rather this is meant to be a succinct first pass to connect you to trusted therapists in the area.

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| **Therapists** | **Contact Info** | **Organization/Practice** | **Specializations of note include:** | **Notes** |
| Darrell Phillips | 5889 Forbes Avenue, Suite 210412-327-2189phillipscounseling@gmail.com<https://www.phillips-counseling.com/> | Phillips Counseling | Gender and sexuality, racial identity | **UPSOM associated therapist** **Free/no co-pay** |
| DeMarquis Clarke | http://demarquisclarke.com/ | Center for Relational Change | Gender Identity, LGBTQ issues, **sexual abuse and trauma recovery**, racial and ethnic struggles | Offers individual therapy through private practice and facilitates group therapy |
| Shirley Salmon-Davis | 5889 Forbes AveSuite 210Pittsburgh, PA 15217(412) 693-6042 | Davis Family Counseling | Gender identity, LGBTQ issues, **sexual abuse** | 20+ years of experience as a practicing psychotherapist |
| Matthew Reinhard | mreinhart@alliespgh.org | Allies for Health and Well-being | HIV/AIDS, LGBTQ issues | Does not require established care with Allies for Health; does not take Medicaid or see HIV- patients.Sees HIV+ Patients |
| Andi Pilecki | 1900 Murray AvenueSuite 205Pittsburgh, PA 15217(412) 253-2607 | Andi Pilecki, LPC, LLC | Gender and sexuality, HIV/AIDS | 7 years of clinical therapist training and currently focused on psychoanalytic therapy |
| Neal Holmes | 460 Melwood AvenueSuite 200APittsburgh, PA 15213(412) 530-4360 | Independent Practice | Race/ethnicity, men's issues, LGBTQIA+ & sex/gender identity | \*doesn’t take any insurance as of 08/2020, but offers sliding scale costs |

\*Please confirm prior to your first appointment if your health insurance is accepted.

**Queer-centric health organizations in Pittsburgh**

1. <https://alliespgh.org/>
2. <https://www.centraloutreach.com/?gclid=CjwKCAjwyo36BRAXEiwA24CwGQ3IgZXQy69L4FpYaiP4u5HZUpqCOXS6SI-Mr0zexAFCqyLx_b1WeBoCDcwQAvD_BwE>
* Psychiatrist (Tamar Carmel, MD), licensed counselor (Denise Haggerty, PhD/LPC), and licensed social worker (Lisa Stone, LCSW)
* You need to have established care with Central outreach to access these resources
* “We accept major insurance and we offer a sliding scale fee system for those who are uninsured.”
* Currently at capacity with a waitlist, however, might be worth it to have in your back pocket as time goes on
1. <https://www.persadcenter.org/counseling>
2. <https://metrocommunityhealthcenter.org/integrated-mental-health-clinic/>