

Class of 2027 & 2028 Flex Week Proposal Fall 2024

Title	<u>Psychiatry FLEX Week</u>	
Experience Category	Clinical shadowing	Professional Enrichment Courses (PECs)
	Research-related	Professional Development
	Community Service	Wellness
	Other:	
Goal	To give students a sample experience of what psychiatry as a specialty is really like, helping students determine if a career in this specialty might be a good fit.	
Brief Description	<p>Students will get an in-depth exposure to psychiatric practice in a variety of settings (inpatient, ambulatory, crisis) through clinical shadowing, supplemented by educational activities and student-focused discussions.</p> <p>MS-1 Week 5 – See tentative schedule attached Week 12 – See tentative schedule attached Week 26 - See tentative schedule attached Week 30 – See tentative schedule attached</p> <p>MS-2 Week 59 – See tentative schedule attached Week 70 – See tentative schedule attached</p>	
Faculty Organizer	Gina Perez, MD Senior Director, Office of Medical Student Education 412-586-9068 perezgm2@upmc.edu	
Admin Coordinators (contact info)	Kathy Molter, MD Sr. Administrative Coordinator/Psychiatry Clerkship Coordinator 412-246-5122 molterka@upmc.edu	
Department	Psychiatry	
Capacity (# students)	5 or 6 students per each Flex Week	

Location	Western Psychiatric Hospital: Inpatient and Outpatient Sites
Reporting Info	Monday/Tuesday, 9am or 10am WPH Office E8022

	MON 2/26	TUES 2/27	WED 2/28	THUR 2/29	FRI 3/1
9:00 or 10 am- Noon	Meet in Western Psych Lobby You will be escorted to 8th Floor Conf. Room (pastries & coffee) 9:15-11:15 w/ break Introductory Presentations by Faculty on Psychiatric Illnesses and Patient Interviewing	Meet in Western Psych 8th Floor Conference Room 10am – 11am Discussion on Basics of Psychotherapy w/ faculty	Meet in Western Psych 8th Floor A la carte outpatient shadowing w/ faculty Or Asynchronous activity Or FREE TIME	Meet in Western Psych 8th Floor Outpatient experience w/ faculty Western Psych Beh Health Unit shadowing w/ faculty	Meet in Western Psych 8th Floor Psychiatry Research Lab demos Wrap-up with Flex Director
	Lunch on your own	Lunch on your own	Lunch on your own (Conf. Rm. unavailable 12-2)	Lunch on your own	Lunch on your own
1:00PM – 3:30 or 4:00	8th Floor Conf. Room Presentation: Intro to Psychiatric Research 1:00-1:50 In-person Inpatient group Interview w/	8th Floor Conference Room	8th Floor Conference Room Psychiatry Research Lab Demo by faculty member	8th Floor Conference Room 2:00 - ? Panel discussion w/ Psych Residents	Free afternoon

	Psychiatry faculty member	Case-based discussions with faculty Time TBD Research Demo w/ faculty	Research Lab Demo		
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