

Class of 2027 & 2028 Flex Week Proposal Fall 2024

Title	<u>Psychiatry FLEX Week</u>	
Experience Category	Clinical shadowing Research-related Community Service	Professional Enrichment Courses (PECs) Professional Development Wellness
	Other:	
Goal	To give students a sample experience of what psychiatry as a specialty is really like, helping students determine if a career in this specialty might be a good fit.	
Brief Description	<p>Students will get an in-depth exposure to psychiatric practice in a variety of settings (inpatient, ambulatory, crisis) through clinical shadowing, supplemented by educational activities and student-focused discussions.</p> <p>MS-1 Week 5 – See tentative schedule attached Week 12 – See tentative schedule attached Week 26 - See tentative schedule attached Week 30 – See tentative schedule attached</p> <p>MS-2 Week 59 – See tentative schedule attached Week 70 – See tentative schedule attached</p>	
Faculty Organizer	Gina Perez, MD Senior Director, Office of Medical Student Education 412-586-9068 perezgm2@upmc.edu	

Admin Coordinators (contact info)	Kathy Molter, MD Sr. Administrative Coordinator/Psychiatry Clerkship Coordinator 412-246-5122 molterka@upmc.edu
Department	Psychiatry
Capacity (# students)	5 or 6 students per each Flex Week
Location	Western Psychiatric Hospital: Inpatient and Outpatient Sites
Reporting Info	Monday/Tuesday, 9am or 10am WPH Office E8022

Morning (9:00 or 10am to 11:30)	Meet in main Western Psych Lobby Western Psych 8th Floor Conference Room (coffee and pastries provided) Intro to psych discussion with faculty Break Intro to psychiatric interviewing with faculty	Research Demos with faculty OR panel discussion with clinical faculty FREE TIME or asynchronous activity	Discussion (Q&A) with LCSW panel or Nurse Practitioners Break Panel discussion with faculty and therapists on autism spectrum disorders	10am BHU patient interview with faculty Debrief (Q&A) after interview Wrap-up with Flex Director
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	Break			
Lunch	On your own	On your own	On your own	On your own
Afternoon	<p>Conference Room 1-1:45pm Intro to Psychiatric Research</p> <p>Break</p> <p>Inpatient Interview on Western Psych BHU unit with faculty</p> <p>Debrief after patient interview</p>	<p>Lab Demos with research faculty OR asynchronous activity</p> <p>Conference Room 3:45-4:30 Resident Panel Discussion about life as a Psychiatric resident</p>	<p>BHU patient interview or outpatient psychiatry field trip</p> <p>Break</p> <p>Case-based group discussion with faculty or Ketamine discussion and demo with faculty</p>	<p>FREE AFTERNOON</p>