

## Flex Week Proposal:

<b>Title</b>	Career Help Advancement Mentorship Program (CHAMP)	
<b>Experience Category</b> <b>[bold your category]</b>	<b>Clinical shadowing</b> Research-related Community Service Other:	Professional Enrichment Courses (PECs) <b>Professional Development</b> Wellness
<b>Goal</b>	The goal of an anti-racism curriculum is to educate medical student about the existence and impact of racism, promote understanding and empathy, and equip learners with the knowledge and skills to actively combat racial prejudice and discrimination.	
<b>Brief Description</b>	Students will have the opportunity to take part in an ant-racism curriculum taught by Dr. Orquidia Torres, MD. Each day, students will have a one-hour discussion on racism in Pittsburgh Schools, Healthcare, community housing, transportation, justice system and employment. After the discussion students will rotate through various healthcare facilities and shadow Pediatricians who work in underserved communities in Pittsburgh.	
<b>Organizer</b>	The Career Help Advancement Mentorship Program	
<b>Admin Coordinator (contact info)</b>	Jessica Hammill ( <a href="mailto:hammillj2@upmc.edu">hammillj2@upmc.edu</a> ), Dr. Oriquida Torres ( <a href="mailto:torresoa2@upmc.edu">torresoa2@upmc.edu</a> ), Aliyyat Afolabi ( <a href="mailto:ala346@pitt.edu">ala346@pitt.edu</a> ), Edra Ha ( <a href="mailto:ha.edra@medstudent.pitt.edu">ha.edra@medstudent.pitt.edu</a> )	
<b>Department</b>	Pediatrics and Adolescent Medicine	
<b>Capacity (# students)</b>	15	
<b>Location</b>	UPMC University Center: 120 Lytton Ave. Pittsburgh, PA 15213	
<b>Reporting Info/First Day Location</b>	Students will report to UPMC University Center Conference Room	
<b>Maximum # of students</b>	15	
<b>Minimum # of students</b>	10	

<b>MS1 (Class of 2028)</b>			
<b>Week</b>	<b>Start Date (Mon)</b>	<b>End Date (Fri)</b>	<b>Available?</b>
5	TUE 9/3/2024	9/6/2024	
12	TUE 10/22/2024	10/25/2024	yes

26	1/27/2025	1/31/2025	
30	2/24/2025	2/28/2025	
59	9/16/2025	9/20/2025	
<b>MS2 (Class of 2027)</b>			
<b>Week</b>	<b>Start Date (Mon)</b>	<b>End Date (Fri)</b>	<b>Available?</b>
59	9/16/24	9/20/24	yes
70	12/2/2025	12/6/2025	

**Weekly Schedule (5 hours/day with 2 hours synchronous activity; Avg. 25 hours per week)**

	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
<b>AM</b>	Introduction to the Anti-Racism by Dr. Torres <b>(1 hr)</b>	Racism in Pittsburgh Schools & Healthcare Discussion: Hosted by Dr. Torres <b>(2 hrs)</b>	Shadowing Pediatricians at CHP ER, University Center, Care Mobile, CISP (center for court involved youth), Highland Center Juvenile Center <b>(5 hrs)</b>	Racism in the Community Housing & Transportation: hosted by Dr. Torres <b>(2 hrs)</b>	Racism in the Justice System & Employment hosted by Dr. Torres <b>(2 hrs)</b>
<b>PM</b>	Shadowing Pediatricians <b>(4hr shifts)</b> at CHP ER, University Center, Care Mobile, CISP (center for court involved youth), Highland Center Juvenile Center	Shadowing Pediatricians at CHP ER <b>(4hr shifts)</b> University Center, Care Mobile, CISP (center for court involved youth), Highland Center Juvenile Center	Shadowing Pediatricians at CHP ER, University Center, Care Mobile, CISP (center for court involved youth), Highland Center Juvenile Center	Shadowing Pediatricians at CHP ER, University Center, Care Mobile, CISP (center for court involved youth), Highland Center Juvenile Center	Shadowing Pediatricians at CHP ER, University Center, Care Mobile, CISP (center for court involved youth), Highland Center Juvenile Center <b>(2 hrs)</b>

Please be as descriptive as possible as schedule will be made available to students

<b>Schedule splitting:</b>	<b>Partial OK</b>
	Full required

<p><b>Would it be possible for students to take SOME of the weekly schedule (e.g., just mornings or just a few half-days), or would you prefer that a student take the schedule in its entirety?</b></p> <p><b>[bold your choice]</b></p>	
<p><b>If so above, please designate which parts of your schedule this would impact</b></p>	

NOTES:

- Schedules should have activities for students at least 5hr/dy, with at least 2hr/dy synchronous
- Unlike PEC's, students will not receive grades/certificates for flex week completion