

MS1 Psychiatry Flex Week Options: Choose one session or all!

Class of 2028 Flex Week Proposal Winter 2024

Title	<u>Psychiatry FLEX Week</u>	
Experience Category	Clinical shadowing Research-related Community Service	Professional Enrichment Courses (PECs) Professional Development Wellness
	Other:	
Goal	To give students a sample experience of what psychiatry as a specialty is really like, helping students determine if a career in this specialty might be a good fit.	
Brief Description	Students will get an in-depth exposure to psychiatric practice in a variety of settings (inpatient, ambulatory, crisis) through clinical shadowing, supplemented by educational activities and student-focused discussions. MS-1 Week 26 - See tentative schedule attached Week 30 – See tentative schedule attached	
Faculty Organizer	Gina Perez, MD Senior Director, Office of Medical Student Education 412-586-9068 perezgm2@upmc.edu	
Admin Coordinators (contact info)	Kathy Molter, MS Sr. Administrative Coordinator/Psychiatry Clerkship Coordinator 412-246-5122 molterka@upmc.edu	

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Department	Psychiatry
Capacity (# students)	5 or 6 students per each Flex Week
Location	Western Psychiatric Hospital: Inpatient and Outpatient Sites
Reporting Info	Monday/Tuesday, 9am or 10am WPH Office E8022

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The University of Pittsburgh Psychiatry Department offers many experiences to choose from for your February 24, 2025 thru February 28, 2025 Flex Week. Choose one or all!

Space is limited, so please RSVP to Kathy Molter by Feb 17, 2025.

(molterka@upmc.edu, 412-246-5122)

**Mon February 24,
2025 (9-11am)**

Want To Interview Like A Psychiatrist?

Experience a hands-on introduction to psychiatric interviewing. [Gina M Perez, MD | University of Pittsburgh Department of Psychiatry](#) will give an overview of psychiatry, followed by tips for psychiatric interviewing. After a group skill-building session, we're off to the unit to practice our interviewing skills with a patient volunteer.

(Meet Dr. Perez on the first floor of Western Psychiatric Hospital, 3811 O'Hara Street, before security. Wear your badge.)

**Mon. Feb. 24, 2025
8:00 am to 12:00 pm**

Inpatient Shadowing – Dr. Crystal White – Geriatrics Unit

Spend a morning rounding with the inpatient team on the Integrated Health and Aging Unit at Western Psychiatric Hospital. Observe the resident and attending interview older adult psychiatric patients and participate in the multi-disciplinary discussion and treatment planning for patients. *Ms. Molter will let you know where to report. (2 students)*

**Mon Feb 24, 2025
(1-3pm)**

Research overview? To be confirmed

**Tues Feb. 25, 2025
(9am-12pm)**

“Closing Gaps in Autism Care: Diagnostic Essentials and Patient-Centered Support”

Join Madison Swisher, MS, CRC, a dedicated therapist at the Center for Autism and Developmental Disorders, who specializes in autism and intellectual disabilities. In this presentation, you'll dive into:

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- **Key Criteria for Diagnosing Autism Spectrum Disorder (ASD):** Gain clarity on the essential diagnostic markers that help identify ASD.
- **The Neurodiversity Paradigm:** Explore this empowering perspective that views neurological differences as natural variations of the human brain.
- **Practical Tips for Working with Autistic Patients:** Learn strategies for building effective, respectful relationships with autistic patients across various medical settings.
- This session is designed to enhance your understanding and improve care for autistic individuals in your future practice.

(Meet Ms. Swisher at 3501 Forbes Avenue Wear your badge.)

Tues Feb. 25. 2025
(1pm-4pm)

Possible Addiction Research Session? Dr. Joffe (Animal Models) and Dr. Ketchesin (Post-Mortem Work)

Wed Feb. 26, 2025
Morning session
(8am or 9am -12pm)
Or Afternoon Session
(1-5pm)

Outpatient Psychiatry Experience or Other Experience
Observe first-hand how our faculty and resident psychiatrists help patients experiencing various psychiatric disorders. *Choose between adult psychiatry or child and adolescent psychiatry. (location will be assigned based on your request, wear your badge)*

Wed. Feb. 26,2025
8:00 am to 12:00 pm

Inpatient Shadowing – Dr. Crystal White – Geriatrics Unit
Spend a morning rounding with the inpatient team on the Integrated Health and Aging Unit at Western Psychiatric Hospital. Observe the resident and attending interview older adult psychiatric patients and participate in the multi-disciplinary discussion and treatment planning for patients. *(Ms. Molter will let you know where to report. (2 students)*

Wed Feb 26, 2025
(9:00am-12:00pm)

"You have to know MEDICINE to be a PSYCHIATRIST?" with Dr. Andrew Coulter. During this session the student would see

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our integrated medical care service table rounds in the morning, a quick talk about the role of CL psychiatry, and then rounding on the patients we follow (usually 3-6 total). I'm thinking it would be a 2-3 hour sort of experience. (Meet Dr. Coulter at 9 am, UPMC Mercy 12 Tower RN station (accessible by green or orange elevators), Min/Max students would be 1-2. On day of contact Dr. Coulter on his cell at (412-735-2049)

Wed Feb 26, 2025
(8-4?)

Possible Shadow with Dr. Beuger (All Day)

Wed Feb. 26, 2025
afternoon session
(1pm-3pm)

An Intro to Schizophrenia Research with Dr. Prasad, [Konasale M Prasad, MD, MBBS \(MD\) | University of Pittsburgh Department of Psychiatry](#). During this informal discussion, learn about network neuroscience related to risk for psychoses, multimodal neuroimaging, schizophrenia treatment clinical trials, and more. *(Meet Dr. Prasad at Western Psychiatric Hospital, 3811 O'Hara Street, E8010 conference room, in the office of clinical affairs wing)*

Thurs Feb. 27, 2025
(9:30-11:30 AM)

TBD

Thurs Feb. 27, 2025
(2PM-4PM)

LGBTQ Health Equity Research Demo with Brian Thoma, PhD
Dr. Thoma ([Brian C Thoma, PhD | University of Pittsburgh Department of Psychiatry](#)) will provide an overview of his ongoing research examining inequities in suicidal behavior among LGBTQ adolescents. We will then complete a live demonstration of data collection methods for studies of suicidal behavior, including a clinical interview and behavioral tasks measuring neurocognitive functioning **Location:** Bellefield Towers, 8th floor, 100 N. Bellefield Ave, Room 847, Pittsburgh, PA 15213 Phone/text 724-290-3899 (2-12 students)

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Fri Feb 28, 2025 morning	TBD
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Fri Feb 28, 2025 PM	OFF
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