

Flex Week Proposal:

Title		
Experience Category [bold your category]	Clinical shadowing Research-related Community Service Other:	Professional Enrichment Courses (PECs) Professional Development Wellness
Goal	To introduce students to the My Life, My Story (MLMS) program and train students who wish to participate as volunteer interviewers.	
Brief Description	Students will be introduced to the goals of the MLMS program and learn the writing and interviewing skills they will need to record veteran stories.	
Organizer	Faculty: Gaetan Sgro, MD-- Gaetan.sgro@va.gov Students: Andrea Yarkony – any96@pitt.edu	
Admin Coordinator (contact info)	Gaetan Sgro, MD Gaetan.sgro@va.gov	
Department	Department of Medicine, Division of General Internal Medicine	
Capacity (# students)	10	
Location	Scaife Hall 3550 Terrace St , Pittsburgh, PA 15261 and VA Pittsburgh Medical Center 4100 Allequippa St, Pittsburgh, PA 15240	
Reporting Info/First Day Location	Scaife Hall Room TBD	
Maximum # of students	10	
Minimum # of students	4	

MS1 (Class of 2028)			
Week	Start Date (Mon)	End Date (Fri)	Available?
5	TUE 9/3/2024	9/6/2024	
12	TUE 10/22/2024	10/25/2024	Yes
26	1/27/2025	1/31/2025	
30	2/24/2025	2/28/2025	

59	9/16/2025	9/20/2025	
MS2 (Class of 2027)			
Week	Start Date (Mon)	End Date (Fri)	Available?
59	9/16/24	9/20/24	Yes
70	12/2/2025	12/6/2025	

Weekly Schedule (5 hours/day with 2 hours synchronous activity; Avg. 25 hours per week)

	MON	TUE	WED	THU	FRI
AM					
PM	<u>In-person (1-3pm in Scaife Hall):</u> Students are introduced to the MLMS program and engage in a short writing exercise.	<u>In-person (1-3pm at the VA):</u> Students conduct a veteran interview. <u>Asynchronous:</u> Students can use the remaining time to draft their stories.	<u>In-person (1-3pm in Scaife Hall):</u> Students learn editing tips and workshop their stories. <u>Asynchronous:</u> Students can use the remaining time to revise their stories.	<u>In-person (1-3pm at the VA):</u> Students read their recorded story back to the veteran and reflect on the week in a small group.	

Please be as descriptive as possible as schedule will be made available to students

Schedule splitting: Would it be possible for students to take SOME of the weekly schedule (e.g., just mornings or just a few half-days), or would you prefer that a student take the schedule in its entirety? [bold your choice]	Partial OK Full required
If so above, please designate which parts of your schedule this would impact	

NOTES:

- Schedules should have activities for students at least 5hr/dy, with at least 2hr/dy synchronous
- Unlike PEC's, students will not receive grades/certificates for flex week completion

