

## Flex Week Proposal:

<b>Title</b>	Plastic and Reconstructive Surgery 101	
<b>Experience Category</b> <b>[bold your category]</b>	Clinical shadowing Research-related Community Service	<b>Professional Enrichment Courses (PECs)</b> Professional Development Wellness
	Other:	
<b>Goal</b>	<p>At the end of the course, students will be able to</p> <ul style="list-style-type: none"> <li>• Describe the basic framework for solving reconstructive problems – the reconstructive latter</li> <li>• List basic principles and procedures of the plastic surgery sub-specialties</li> <li>• Gain an appreciation for the anatomic basis for plastic surgery</li> <li>• Learn fundamentals of suturing</li> <li>• Understand the opportunities to engage in basic science and clinical research within the Department of Plastic Surgery.</li> </ul>	
<b>Brief Description</b>	<p>Welcome to Plastic and Reconstructive Surgery 101. From hand surgery to medical mission work, cutting edge stem cell research to congenital craniofacial surgery, and from microvascular breast reconstruction to facial aesthetics, plastic surgery is a surgical field like no other. This mini-elective is designed to give Pitt Medical students a deeper understanding of our amazing and diverse field. Forget what you have learned on Dr. 90210 or Nip/Tuck. In this course you to will come to appreciate the diversity, the innovation, and the expertise in our field. During the five-week course, you will learn about the reconstructive framework plastic surgeons use to solve any challenge. The first hour of each session will be devoted to a specific subspecialty within plastic surgery (hand, pediatric/craniofacial, breast, head and neck, aesthetic). The second hour will be devoted to honing your plastic surgery skills including basic suturing, the hand exam, recognizing skull shapes, marking out cleft lips, and learning to think like a plastic surgeon.</p>	
<b>Organizer</b>	Jesse Goldstein, MD	
<b>Admin Coordinator (contact info)</b>	Katelyn Raiff (katelyn.raiff@chp.edu)	
<b>Department</b>	Plastic Surgery	
<b>Capacity (# students)</b>	40 students	
<b>Location</b>	TBD	
<b>Reporting Info/First Day Location</b>	To be announced	

<b>Maximum # of students</b>	40
<b>Minimum # of students</b>	1

<b>MS1 (Class of 2028)</b>			
<b>Week</b>	<b>Start Date (Mon)</b>	<b>End Date (Fri)</b>	<b>Available?</b>
5	TUE 9/3/2024	9/6/2024	
12	TUE 10/22/2024	10/25/2024	
26	1/27/2025	1/31/2025	
30	2/24/2025	2/28/2025	Yes
59	9/16/2025	9/20/2025	
<b>MS2 (Class of 2027)</b>			
<b>Week</b>	<b>Start Date (Mon)</b>	<b>End Date (Fri)</b>	<b>Available?</b>
59	9/16/24	9/20/24	
70	12/2/2024	12/6/2024	

**Weekly Schedule (5 hours/day with 2 hours synchronous activity; Avg. 25 hours per week)**

	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
<b>AM</b>					
<b>PM</b>		3-5pm	3-5pm	3-5pm	3-5pm

Please be as descriptive as possible as schedule will be made available to students

<b>Schedule splitting:</b>	Partial OK
<b>Would it be possible for students to take SOME of the weekly schedule (e.g., just mornings or just a few half-days), or would you prefer that a student take the schedule in its entirety?</b>	<b>Full required</b>
<b>[bold your choice]</b>	
<b>If so above, please designate which parts of your schedule this would impact</b>	