

Flex Week Proposal:

Title	Introduction to Refugee Health	
Experience Category [bold your category]	Clinical shadowing Research-related Community Service	Professional Enrichment Courses (PECs) Professional Development Wellness
	Other:	
Goal	To introduce medical students to the basic health requirements of refugees living in Pittsburgh and bring awareness to some of their access barriers and available resources.	
Brief Description	Pittsburgh is home to over 26,000 refugees who have resettled since 2010. The refugee population in Pittsburgh includes members from Bhutan, Burma, Somalia, Iraq, the Democratic Republic of Congo, and Syria. As these refugees reside permanently in the U.S., they face unique health challenges such as psychological trauma from conflict and displacement, language and cultural barriers, and understanding of the U.S. healthcare system. Students will have an opportunity to shadow healthcare providers at the Squirrel Hill Health Center (SHHC) to learn about key considerations in working with refugee patients. This experience will help students gain further insight into the unique challenges and health issues that refugees face in navigating the healthcare system in the United States.	
Organizer	Thuy Bui, MD Amal Saeed, student coordinator	
Admin Coordinator (contact info)	Amal Saeed, student coordinator, saeed.amal@medstudent.pitt.edu	
Department	General Internal Medicine	
Capacity (# students)	10	
Location	Zoom, Squirrel Hill Health Center	
Reporting Info/First Day Location	Depends on day	
Maximum # of students	10	
Minimum # of students	1	

MS1 (Class of 2028)			
Week	Start Date (Mon)	End Date (Fri)	Available?
5	TUE 9/3/2024	9/6/2024	
12	TUE 10/22/2024	10/25/2024	
26	1/27/2025	1/31/2025	
30	2/24/2025	2/28/2025	X
59	9/16/2025	9/20/2025	
MS2 (Class of 2027)			
Week	Start Date (Mon)	End Date (Fri)	Available?
59	9/16/24	9/20/24	
70	12/2/2024	12/6/2025	

Weekly Schedule (5 hours/day with 2 hours synchronous activity; Avg. 25 hours per week)

	MON	TUE	WED	THU	FRI
AM	Refugee Health Overview (Zoom)	Asynchronous Reading	Asynchronous Reading	Asynchronous Reading	Group Reflection (Zoom)
PM	Shadowing at Squirrel Hill Health Center	Shadowing at Squirrel Hill Health Center	Shadowing at Squirrel Hill Health Center	Shadowing at Squirrel Hill Health Center	Shadowing at Squirrel Hill Health Center

Please be as descriptive as possible as schedule will be made available to students

<p>Schedule splitting:</p> <p>Would it be possible for students to take SOME of the weekly schedule (e.g., just mornings or just a few half-days), or would you prefer that a student take the schedule in its entirety?</p> <p>[bold your choice]</p>	<p>Partial OK</p> <p>Full required</p>
<p>If so above, please designate which parts of your schedule this would impact</p>	<p>Flexible schedule; choose a minimum of 2 shadowing shifts</p>

List of Asynchronous Readings:

Crosby SS. Primary Care Management of non-English-speaking refugees who have experienced trauma. A clinical review. JAMA 2013; 310(5):519-528

I-Hao Cheng, Ann Drillich and Peter Schattner. Refugee experiences of general practice in countries of resettlement: a literature review. British Journal of General Practice 2015; 65 (632): e171-e176. DOI: <https://doi.org/10.3399/bjgp15X683977>

Squirrel Hill Health Center. (2024). <http://squirrelhillhealthcenter.org/>

EthnoMed. (2024). <https://ethnomed.org/>