

Flex Week Proposal:

Title	Sports Medicine Playbook	
Experience Category [bold your category]	Clinical shadowing Research-related Community Service Other:	Professional Enrichment Courses (PECs) Professional Development Wellness
Goal	To introduce students to the field of Sports Medicine	
Brief Description	Students will gain an understanding of sports-related injuries and conditions, including broken bones, concussions, overuse injuries, strains, sprains, and ligament tears, working with athletes and primary care sports medicine.	
Organizer	Evette Yassa, MD Family Medicine Faculty Advisor 929-777-0871 yassaes@upmc.edu	
Admin Coordinator (contact info)	Michele L. Hilty Director, Medical Education / Director, Graduate Medical Education Recruitment Family Medicine Primary Care Sports Medicine Fellowship Program hiltyml@upmc.edu	
Department	Family Medicine	
Capacity (# students)	1	
Location	UPMC Rooney Sports Complex 3200 S. Water St. Pittsburgh, PA 15203 UPMC Passavant Medical Building T 9104 Babcock Blvd., Suite 2120 Pittsburgh, PA 15237 UPMC Magee-Womens Hospital 300 Halket Street Suite 1601 Pittsburgh, PA 15213 UPMC Outpatient Center 1300 Oxford Drive Suite 1D Bethel Park, PA 15102	

	UPMC Department of Orthopaedic Surgery Kaufmann Medical Building 3471 Fifth Ave. Pittsburgh, PA 15213
Reporting Info/First Day Location	(subject to change) 8 AM UPMC Rooney Sports Complex 3200 S. Water St. Pittsburgh, PA 15203
Maximum # of students	1
Minimum # of students	1

MS1 (Class of 2028)			
Week	Start Date (Mon)	End Date (Fri)	Available?
5	TUE 9/3/2024	9/6/2024	X
12	TUE 10/22/2024	10/25/2024	X
26	1/27/2025	1/31/2025	X
30	2/24/2025	2/28/2025	X
59	9/16/2025	9/20/2025	
MS2 (Class of 2027)			
Week	Start Date (Mon)	End Date (Fri)	Available?
59	9/16/24	9/20/24	X
70	12/2/2025	12/6/2025	

Weekly Schedule (5 hours/day with 2 hours synchronous activity; Avg. 25 hours per week)

The exact schedule and clinical sites will vary between Flex Weeks

Participating students will require a vehicle

	MON	TUE	WED	THU	FRI
AM	Clinical Shadowing	Clinical Shadowing	Clinical shadowing	Clinical Shadowing	Clinical shadowing
PM					Wellness

Please be as descriptive as possible as schedule will be made available to students

Schedule splitting:	Partial OK
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<p>Would it be possible for students to take SOME of the weekly schedule (e.g., just mornings or just a few half-days), or would you prefer that a student take the schedule in its entirety?</p> <p>[bold your choice]</p>	<p>Full required</p>
<p>If so above, please designate which parts of your schedule this would impact</p>	

NOTES:

- Schedules should have activities for students at least 5hr/dy, with at least 2hr/dy synchronous
- Unlike PEC's, students will not receive grades/certificates for flex week completion